

## RR BOARD MEETING Minutes – 3/10/19

### In attendance:

Marcy Foster, President  
Mike McCord, Vice President  
Cailin Clinton, U40 Member at Large  
Mary Goebel, Director of Walking Programs  
John Koss, Secretary  
Catherine Nelson, Member at Large  
Pablo Raffo, Member at Large  
Mary Shedlock, Treasurer  
Jack Tozier, Member at Large

Action items are in italics with the name of the responsible person in bold italics.

**Introductions:** This was the first meeting of the 2019 Board of Directors. Each Board member stated how he/she found Reston Runners, what programs he/she is presently involved in, ideas to expand Club membership, and any ideas for improvements or expansion.

### Old Business

The minutes from the February 17<sup>th</sup> meeting were approved.

**Liability release for weekend runs:** Several persons have objected to the proposed policy to ask guests to training runs to sign a waiver. It has been put on hold pending further review and discussion. *John will check with other local clubs (for example, Loudoun County Road Runners and DCRR), to see how they are handling the matter.*

**Joe Fleig (Green Jacket) Award:** *Jack offered to compile what we have so far, as an initial step towards publishing a complete history of awardees on the Web site.*

**Membership Renewals:** The process of transposing data from Red Podium membership applications and renewals, to the roster, has been cumbersome for membership directors. Jack has found a more efficient way to accomplish this.

### **Reston Runners Publicity:**

The Reston Runners advertisement is ready for publishing in the RA circular. The plan is to advertise every other week, or once a month. Kevin had agreed to contact RA to place an ad; *Marcy will follow up with Kevin to determine status.*

*Pablo will print one-sided business cards for Reston Runners to leave at Potomac River Running (PRR). The cards will contain the Reston Runners logo, our tagline “A community of runners and walkers of all levels and abilities” and our website address.*

**Weekend Potlucks:** *Marcy is continuing to check with members who may be able to host potlucks after certain weekend runs. Catherine offered to host a potluck in September, and other Board members are considering hosting as well. The objective is to have 3 or 4 per year.*

### New Business:

**Documenting descriptions of duties for Club positions, annual events, and programs.** *Catherine and Cailin will solicit descriptions from current program leads.*

**Interval Training Program:** Paul is leading this program. *Marcy will check with him on the location.*

**10 weeks to 10K program:** We are looking for a new lead. *Marcy will contact certain coaches who may be willing to lead the program in 2019.*

**Women's Training Program:** Program planning has started. Molly Barrie is the lead; Karen Donis and Nora Lynch are leading the Seize the Day 5K race.

**2020 Annual Meeting:** The Reston Community Center calendar is open for reservations a year in advance, and the Board plans to reserve a date soon for the 2020 annual meeting.

**Treasurer's report:** Mary prepared financial statements for the Club as of December 2018, and Jack posted them to the web site.

**Reston Runners Community Fund report:** The RRCF committee is meeting later in the week and will plan for awarding scholarships.

**Future meeting schedule:** meetings will generally occur every other month, after weekend morning runs (at 9:30 if on a Saturday, and 2 hours and 15 minutes after the start if on a Sunday.) The schedule is: May 4<sup>th</sup>, 9:30; July 14<sup>th</sup>, 9:15; September 7<sup>th</sup>, 9:30; and November 3<sup>rd</sup>, 10:15.